



FLEUR DE LOIRE

CHRISTOPHE HAY



BLOIS ~ FRANCE

 RELAIS & CHATEAUX

TREATMENT COLLECTIONS

sisley
PARIS

DISCOVER THE SISLEY SPA

THE SISLEY SPA®

A well-being interlude at the very heart of Fleur de Loire

SIGNATURES & TIMELESS MASSAGES

Holistic experiences

SISLEY® PHYTO AROMATIC TREATMENTS

Botanical and sensory expertise

SISLEY® SENSORIAL ESCAPE

A unique olfactory and tactile journey

THE GARDEN OF WHISPERS

An experience for two

BEAUTY & RADIANCE

Aesthetic treatments

BY THE WATER

An indoor pool bathed in light and an outdoor pool overlooking the Loire

ENERGY AND BALANCE

Awaken your vitality

PREPARE YOUR EXPERIENCE

Informations & conditions

THE SISLEY SPA®

“When time stands still, the art of ultimate relaxation is born”

Nestled in the heart of Fleur de Loire, the Sisley Spa is a true haven of well-being and elegance.

In a soft and enveloping atmosphere, five treatment rooms, a 15-metre indoor pool, an outdoor pool overlooking the Loire, a hammam (one or two new features), and a whirlpool bath invite you to step into a timeless interlude devoted to escape and relaxation.

The Sisley and Fleur de Loire rituals, rooted in tradition and guided by unique expertise, draw inspiration from the richness of the Loire Valley to offer refined sensorial experiences.

Among them, one of our signature massages — Les Rives Royales — takes you on a journey where the art of treatment meets the soul of the terroir.

Here, every moment is conceived as a promise: that of absolute well-being, in harmony with nature and the spirit of the place.

SIGNATURES MESSAGES

Every moment has its own rhythm. Discover our weekday and weekend rates across our full treatment collection.

LES RIVES ROYALES

A 90-minute ceremony beginning with a foot ritual, symbolising grounding and rebirth. Like a choreography flowing with the river, the massage alternates enveloping movements and deep pressure. This suspended moment concludes with a floral infusion. Experience offered as a duo.

Weekday rate 90 min - €190

Weekend rate 90 min - €205

ÉNERGIE DES ROCHES

An enveloping ritual using basalt stones that diffuse warmth deep into the muscles. Inspired by the mineral strength and gentle landscapes of the Loire Valley, this comforting massage soothes tension, stimulates circulation and provides deep relaxation.

Weekday rate 60 min - €145

Weekend rate 60 min - €160

LE MÉRIDIDIEN

A unique protocol combining three complementary rituals :
an abdominal massage inspired by Chi Nei Tsang to release deep tension and rebalance vital energy, reflexology to stimulate reflex zones and restore harmony to the body and a cranial massage to calm the mind and induce profound relaxation.

Weekday rate 60 min - €145

Weekend rate 60 min - €160

VOYAGES ÉTOILÉS

An exclusive ritual inspired by Chef Christophe Hay's travels. Conceived as a fleeting experience, it evolves with destinations and seasons. Techniques, oils and inspirations change throughout the year to offer you, two to three times per year, a new and sensorial experience.

Weekday rate 60 min - €145

Weekend rate 60 min - €160

TIMELESS MESSAGES

Every moment has its own rhythm. Discover our weekday and weekend rates across our full treatment collection.

FORCES DE LOIRE

An energetic, powerful and precise massage, ideal for releasing deep-seated tension and easing muscular tightness.

The perfect ally for active bodies and athletes alike.

Weekday rate 60 min - €145 | 90 min - €179

Weekend rate 60 min - €160 | 90 min - €194

L'ALCHIMISTE

Inspired by Ayurveda, this treatment alternates enveloping movements and dynamic techniques to harmonise body and mind, stimulate vital energy and induce lasting relaxation.

Weekday rate 60 min - €145 | 90 min - €179

Weekend rate 60 min - €160 | 90 min - €194

LE TEMPS SUSPENDU

The art of letting go at its finest.

Largely inspired by the fluid, gentle and enveloping Californian massage, it invites immediate relaxation and deep mental serenity.

Weekday rate 60 min - €145 | 90 min - €179

Weekend rate 60 min - €160 | 90 min - €194

BIEN NAÎTRE

Specifically designed to accompany pregnancy in complete safety.

Gentle, enveloping movements ease tension, promote circulation and provide a moment of pure comfort for the expectant mother and her baby.

Weekday rate 60 min - €145

Weekend rate 60 min - €160

LES SOINS PHYTO-AROMATIQUES SISLEY®

Sisley represents the very essence of French phyto-cosmetology.

Each treatment is designed as a bespoke ritual,
a timeless experience dedicated to skin regeneration, body harmony and deep
relaxation.

A curated selection of Sisley products used during our treatments is available for
purchase at the Spa,
allowing you to extend this exceptional experience at home.

SISLEY® EXPERT PHYTO-AROMATIC FACIALS

Every moment has its own rhythm. Discover our weekday and weekend rates across our full treatment collection.

EXPERT PHYTO-AROMATIC TREATMENTS

Designed to meet every need of your skin, Sisley's Phyto-Aromatic Treatments take your senses on a unique journey. Each fully personalised treatment is precisely adapted to your skin's requirements. A true interlude of softness and escape, it reveals a fresh complexion, relaxed features and skin glowing with vitality.

Weekday rate 60 min – 180 €

Weekend rate 60 min – 195 €

ANTI-AGING PHYTO-AROMATIC TREATMENTS

Sisleÿa Phyto-Aromatic Treatment

In 90 unforgettable minutes, the Sisleÿa Phyto-Aromatic Treatment uses sophisticated rituals to deeply remodel the face and restore a youthful appearance. Wrinkles and fine lines are smoothed, the skin appears firmer, more toned and supple - visibly younger and radiantly healthy.

Weekday rate 90 min – 250 €

Weekend rate 90 min – 265 €

EXCEPTIONAL PHYTO-AROMATIC TREATMENTS

Supreme Anti-Age Phyto-Aromatic Treatment

A rare and intensive ritual combining targeted massage techniques and deep muscular movements for a spectacular result: a reshaped, smoothed face glowing with youth and vitality.

Weekday rate 90 min – 250 €

Weekend rate 90 min – 265 €

Black Rose Youth-Plumping Phyto-Aromatic Treatment

A suspended moment perfumed with the delicate scent of rose.

This treatment smooths features, brightens the complexion and restores freshness and suppleness to the skin. The skin is plumped, signs of fatigue fade away and visible ageing is softened.

Weekday rate 90 min – 250 €

Weekend rate 90 min – 265 €

PHYTO-AROMATIC SISLEY®TREATMENT

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PHYTO-COMPLEMENTARY TREATMENTS

Eye contour Treatment

A targeted ritual dedicated to the eye area, instantly refreshing the gaze, reducing puffiness and dark circles, smoothing fine lines and restoring luminosity.

Weekday rate 30 min - €95

Weekend rate 30 min - €110

PHYTO-AROMATIC BODY TREATMENTS

Phyto-Aromatic Zen Harmony Treatment

A Californian-inspired massage infused with aromatic essences, offering a true sensory journey through varying rhythms and intensities. Deeply relaxing, it envelops the body and promotes complete release and regeneration.

Weekday rate 60 min - €150

Weekend rate 60 min - €165

Phyto-Aromatic Exfoliating Treatment

A delicate blend of body exfoliation and aromatherapy. The skin is left soft, smooth and revitalised, with renewed radiance. Recommended as a preparation before any body treatment.

Weekday rate 30 min - €95

Weekend rate 30 min - €110

SISLEY® SENSORY ESCAPE

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An invitation to slow down, where the mind unwinds and the body surrenders to deep relaxation. This four-step journey combines warmth, gentleness and expertise, offering a moment of absolute harmony.

The ritual includes :

Hammam
Phyto-Aromatic Exfoliating Treatment
Phyto-Aromatic Zen Harmony Body Treatment
Phyto-Aromatic Expert Facial

Weekday rate 180 min - €380

Weekend rate 180 min - €395

THE GARDEN OF WHISPERS

Every moment has its own rhythm. Discover our weekday and weekend rates across our full treatment collection.

A ritual to be enjoyed together, inspired by the poetry of the Loire Valley's wild gardens. In the intimacy of an exceptional duo treatment room, the massage unfolds slowly, like a timeless pause.

The journey continues with the private use of the suite and its signature bath, inviting you to savour a moment of complete relaxation.

A tasting of sweet and savoury delicacies accompanied by a glass of Cuvée Gabriel enhances this exceptional experience.

Weekday rate 180 min - €670

Weekend rate - €685

BEAUTY & RADIANCE

Every moment has its own rhythm. Discover our weekday and weekend rates across our full treatment collection.

HAND & FOOT BEAUTY – CLASSIC POLISH

A true beauty ritual combining care, comfort and elegance, for beautifully groomed hands and refined feet. Classic polish provides a natural, polished finish.

Weekday rate 60 min – €90

Weekend rate 60 min – €105

HAND & FOOT BEAUTY – SEMI-PERMANENT POLISH

Our manicures and pedicures with semi-permanent polish ensure long-lasting shine and effortless wear, ideal for those seeking both elegance and everyday comfort.

Weekday rate 90 min – €130

Weekend rate 90 min – €145

Polish removal supplement – 30 min – €20

WAXING

Precise and gentle treatments, respectful of the skin, for optimal comfort. We use traditional wax, combining effectiveness and care, for smooth, silky results.

Weekday rate Body area – €45

Weekend rate Body area – €60

Weekday rate Face area – €25

Weekend rate Face area – €40

RADIANCE MAKE-UP

Enhance every moment with our make-up expertise, creating a naturally luminous look that reveals the elegance and light of your complexion.

Weekday rate €80

Weekend rate €95



FLEUR DE LOIRE

CHRISTOPHE HAY

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BLOIS - FRANCE

PREPARE YOUR EXPERIENCE

We invite you to discover the Sisley® Spa at Fleur de Loire in the best possible conditions.

OPENING HOURS

Treatments : daily from 9.00 am to 7.00 pm

Pools, Jacuzzi, Hammam & Sensory areas : daily from 9.00 am to 7.00 pm

RESERVATIONS

We recommend booking your treatments in advance to secure your preferred time. To fully enjoy your Spa experience, we kindly invite you to arrive 15 minutes prior to your scheduled appointment, unless otherwise specified in your confirmation.

Please inform us of any specific conditions (medical treatment, allergies, pregnancy, etc.) at the time of booking.

RATES

Weekday rates apply from Sunday to Thursday inclusive.

Weekend rates apply on Fridays and Saturdays.

YOUR COMFORT

Bathrobes, towels and slippers are provided for your convenience.

Swimwear is required to access the shared wellness areas.

OUR RECOMMENDATIONS

To preserve a peaceful atmosphere for all guests, we kindly ask you to :

Keep personal valuables in a safe place

Limit the use of mobile phones

Refrain from consuming alcohol and tobacco within the Spa premises

Hot facilities are not recommended for children under the age of 16, or for guests with cardiovascular conditions.

TAX-FREE SHOPPING

Tax-free shopping is available for non-European Union residents.

Please consult our Spa reception for assistance.

To make a reservation, please call +33 (0)2 46 68 01 77.

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