



# SOMMAIRE



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# SISLEY® SPA



Located in the right part of Fleur de Loire, our Sisley® Spa in the heart of the Loire Valley has four treatment rooms, and two double room, a whirlpool, a 15-meter long indoor pool, a sauna, a hammam, as well as an outdoor relaxation pool and a herbal tea room.

Massage rituals from all over the world, elaborated from local traditions, are combined with the beneficial virtues of aromatherapy to reunite body and mind. Enveloping warmth and fragrant scents, harmony of body and mind, relaxation and reconnection to one's own sensations, the Sisley® Spa at the Fleur de Loire Hotel in Blois offers to experience well-being from the inside out.

# SISLEY® PHYTO-AROMATIC TREATMENTS

## THE EXPERT PHYTO-AROMATIC FACIALS

60 min • 170€

Specially designed to meet the needs of your skin, Sisley Phyto-Aromatic Care will transport your senses into an exceptional universe. Special attention will be paid to your skin for an entirely personalized treatment in line with your needs. A moment of softness and escape for a fresh complexion, smoothed features and a radiant face.

## THE ANTI-AGING PHYTO-AROMATIC FACIALS

90 min • 190€

### Phyto-Aromatic Sisleya Facial

In 90 unforgettable minutes, the Phyto-Aromatic Sisleya Facial offers a complete treatment involving sophisticated procedures, with in-depth remodeling and the restoring of a youthful skin. Fine lines and wrinkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier.

This protocol exists in 3 different versions: Normal skin - Dry to very dry skin - Combination to oily skin

## THE EXCEPTIONNAL PHYTO-AROMATIC FACIALS

90 min • 250€

### Phyto-Aromatic Supreme Anti-Aging Facial

Sisley has designed a 90-minute treatment incorporating 20 minutes of muscular remodeling to instantly revitalize the skin. Using an exclusive sequence of highly effective massage techniques, its protocol includes Sisley's Supreme Anti-Aging Skin Care Supremya - At Night. The features seem redefined, lines are smoothed, skin is more toned.

### Phyto-Aromatic Replumping Youth Facial with Rose

A timeless experience offering an exceptional feeling of well-being. A true beauty rendez-vous, deliciously and naturally rose-scented, this gentle and pleasant journey relaxes the face, smoothes features and reveals the skin's radiance. The complexion is fresher, the skin is replumped and signs of fatigue and age are smoothed away.

# SISLEY® PHYTO-AROMATIC TREATMENTS

## THE PHYTO-COMPLEMENTARY TREATMENT

### Eye Contour Treatment

Enhance your Facial Care experience by opting for the Youthful Eye Modeling that targets the eye contour area. Your eyes will regain their youthfulness and radiance.

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*30 min • 95€*

## THE PHYTO-AROMATIC BODY TREATMENT

### Zen Harmony Phyto-Aromatic Body Treatment

The Zen Harmony Phyto-Aromatic Body Treatment offers a journey at the heart of an aromatic Californian massage, with added variations of intensity, techniques and scents. During the massage, no body part will be neglected. This treatment provides extremely relaxing and regenerating benefits.

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*60 min • 140€*

### Phyto-Aromatic Exfoliating Body Treatment

The unique Phyto-Aromatic Exfoliating Body Treatment combines aromatherapy and the effectiveness of an all-over reinvigorating body scrub, for a soft and smooth skin to the touch. It is recommended before any body treatment.

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*30 min • 95€*

## SISLEY® SENSORIAL STOPOVER

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*180 min · 350€*



The promise of a timeless moment where your mind and body and your body will be guided through a deep relaxation.

The sensory stopover is divided into four steps:

- Hammam (30 minutes)
- Exfoliating Phyto-Aromatic Care (30 minutes)
- Zen Harmony Phyto-Aromatic Care (1 hour)
- Phyto-Aromatic Expert Face Care (1 hour)



## OUR MESSAGES



### THE EXCEPTION

Our exclusive Fleur de Loire Signature treatment is the unique experience of a personalized massage, where relaxation, envelopment and energy come together to captivate all your senses. Exalt your taste buds and your mind at the end of your treatment with our signature juice and pastry.

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*60 min • 150€*

### THE INTENSE

This traditional Indian massage is composed of alternating gentle and vigorous phases, plunging you into deep relaxation.

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*60 min • 130€  
90 min • 160€*

### THE HARMONIOUS

This indian traditional massage allows you to find the harmony of your body and mind by immersing you in a deep sense of well-being.

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*60 min • 130€  
90 min • 160€*



### THE CAPTIVATING

This massage, both relaxing and energetic, promises a deep feeling of well-being, where tensions will be released thanks to acupressure followed by stretching.

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*60 min • 130€  
90 min • 160€*



### THE VOLUPTUEOUS

A treatment from Hawaii to give you a moment of escape and let go. Absolute relaxation is assured by long, fluid and soothing movements.

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*60 min • 130€  
90 min • 160€*



## OUR MESSAGES



### MOM'S INSTANT

A unique cocoon of softness and relaxation, this targeted and personalized treatment relieves the tensions of future and young mothers and gently guides them towards deep relaxation.

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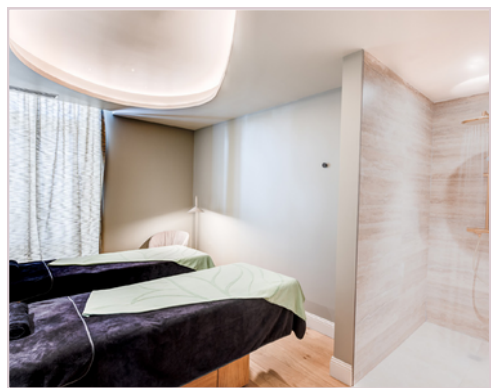
*60 min • 130€  
90 min • 160€*

### THE SPONTANEOUS

Designed as a tailor-made relaxation getaway, the Spontaneous treatment is specially adapted to your needs. An exclusive and unique experience localized on the area of your choice: the skull, hands, feet, back or legs.

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*30 min • 90€*





## OUR RITUALS



### THE RELAXING

The Relaxing treatment is a deep bubble of well-being: experience a relaxing break where foot reflexology will be combined with the world massage of your choice.

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*90 min • 200€*

### THE SPARKLING

A real tailor-made treatment starting with a stop at the hammam followed by a scrub and the world treatment of your choice.

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*105 min • 200€*

### THE ENERGISING

A unique Fleur de Loire experience created for you by our spa practitioners followed by a true holistic escape for a timeless getaway.

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*90 min • 200€*

## OUR HOLISTIC ESCAPES



### CHI NEI TSANG

A true holistic escape focused on the belly area, this treatment offers a moment out of time allowing you to chase away harmful emotional energies. Your body is detoxified and strengthened.

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*30 min • 80€*

### FOOT REFLEXOLOGY

Based on ancient Chinese medicine, this treatment energizes the body and vital functions. Immerse yourself in a gentle bubble and free yourself from stress and nervous tension.

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*30 min • 80€*

### SHIATSU

This therapy of the body originating from Japan relieves the evils of the body and the spirit by acting on the nervous system thanks to these techniques of pressure, mobilization and stretching.

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*30 min • 80€*



## OUR CABIN "PRESTIGE" AND ITS PRIVATE BATH

### THE PRECIOUS

A moment of serenity, soothing and escape for two.

- 1 hour signature massage
- 30 minutes of your choice (holistic care or targeted massage) - 1 hour private bath
- 2 glasses of champagne
- Sweet and savory mignardises
- Caviar service (Supplement of 61€)

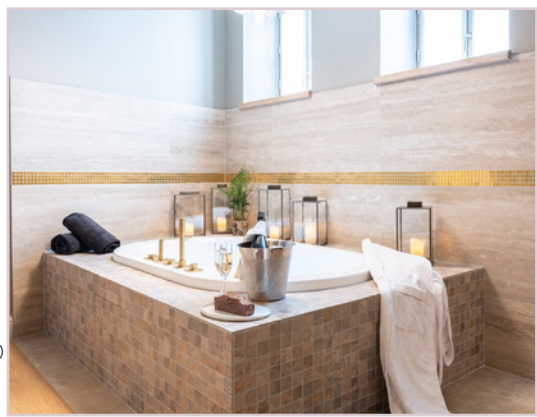
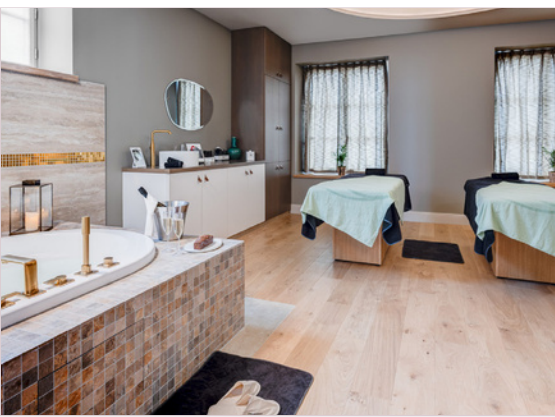
*180 min • 650€*

### THE ELEGANT

A gentle getaway combined with the gourmet pleasure of a tasting of fresh local products.

- 1 hour massage of your choice
- 30 min of foot reflexology or chi nei tsang
- 1 hour of private bath
- 2 detox juices
- Fresh fruit
- Sweet and savory treats (Supplement 30€/person)
- Caviar service (Supplement of 61€)

*150 min • 600€*



# COSMETIC SERVICES



## EPILATIONS

Armpits	25€ / 40€*
Arms	30€ / 45€*
Simple bikini	25€ / 40€*
Shrunken bikini	35€ / 50€*
Full bikini	45€
Thighs	35€ / 50€*
Half legs	35€ / 50€*
Full legs	50€
Eyebrows	15€
Lips	10€

\*Oriental Wax

## MAKE-UP

Day Makeup	50€
Evening Makeup	60€
Bridal Makeup	80€

## HANDS AND FEET BEAUTY

Hands Beauty	60€
Hands Beauty & Classic nail polish	70€
Hands Beauty & Semi-permanent nail polish	80€
Feet Beauty	60€
Feet Beauty & Classic nail polish	70€
Feet Beauty & Semi-permanent nail polish	80€
Removal	20€



## RELAXING ROOM



You can enjoy access to our Sisley spa and its relaxation area :

Outdoor swimming-pool

*(Access to the outdoor pool for children from 10 am to 11:30 am and from 4 pm to 6:30 pm)*

Whirlpool bath

Sauna

Indoor pool

Hamмам

Herbal tea room on reservation

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*Access to the relaxation area hotel guests only. Access is also available to external guests following a one-hour treatment.*

## FITNESS



Benefit of our fully equipped fitness area by Champion Spirit.

Fitness room

Sports Coach

Yoga classes

Nutritional assessment





## EVENTS & PRIVATISATION

(ON QUOTATION)



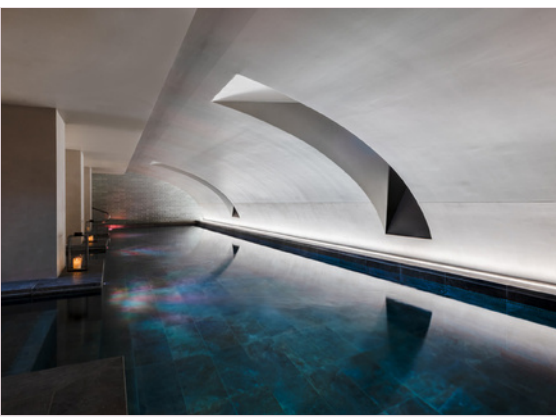
Escape together for a special event. Come live and share a sweet interlude for your wedding, bachelorette party, baby-shower, honeymoon or any event of your choice.

Enjoy a custom program such as :

A moment out of time in duo with our signature massage Fleur de Loire, a unique and personalized massage according to your desires, access to the private bath, a bottle of Champagne, a tasting of sweet and savory mignardises, a beauty treatment

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***CUSTOM PRICE***





# POLICY & REGULATION



To make a reservation, please call us on +33 (0)2 46 68 01 77

## OPENING HOURS

Monday from 10 am to 8 pm, Tuesday to Saturday from 10 am to 8 pm,  
Sunday from 9 am to 7 pm.

## RESERVATIONS

It is recommended that you make an appointment in advance to take advantage of the desired hours. The Fleur de Loire Spa Sisley recommends that you arrive 20 minutes before the start of your treatment. When making your reservation, we ask that you inform us if you have any of the following contraindications: medical treatment, recent surgery, cardiovascular problems, high blood pressure, allergies, pregnancy or breastfeeding.

## CANCELLATION POLICY

For any modification or cancellation of an appointment less than 24 hours before your treatment, the service will be charged at 50%. Any late arrival will not extend the duration of the treatment booked nor will it entitle you to a price reduction.

## SPA FACILITIES

The Spa has all the necessary equipment you may need during your visit (bathrobe, slippers, towels and locker). Bathing suits are required in common areas. In case you forget, bathing suits are available at the Spa reception (30 €).

## ACCESS CONDITIONS & RESPONSIBILITY

*Access to our wellness area is offered to all our resident clients upon reservation. We recommend that you keep your valuables under lock and key, the Spa declines all responsibility in case of loss or theft. Access to the Spa is forbidden to minors under the age of 16 not accompanied by an adult. For the comfort of all, the consumption of alcohol and tobacco is not permitted at the Spa. We also ask that you turn off your cell phone.*



FLEUR DE LOIRE  
CHRISTOPHE HAY

sisley  
PARIS